

SILVERLEDEN PÅ 1 DAG 2013

| Löpning Pl | Namn | Sluttid | Diff | Vätska 1 | 10 km | Vätska 2 | Spurtpris start | Spurtpris mål | 20 km | Vätska 3 | 30 km | Vätska 4 | Vätska 5 | 40 km | 42 km | Vätska 6 | 50 km | Vätska 7 | 60 km | Vätska 8 | Hurtigtorpet | Namn | |
|---------------|--------------------|----------|----------|----------------------|------------------------|------------------------|------------------------|-----------------------|-----------------------|------------------------|--------------------------|------------------------|--------------------------|------------------------|------------------------|--------------------------|------------------------|-------------------------|---------------------------|-------------------------|---------------------------|-------------------|-------------------|
| | | | | str tot 5-1 (118) | str tot 1-2 (120) | str tot 2-3 (121) | str tot 3-4 (123) | str tot 4-5 (124) | str tot 5-6 (125) | str tot 6-7 (126) | str tot 7-8 (127) | str tot 8-9 (128) | str tot 9-10 (129) | str tot 10-11 (130) | str tot 11-12 (131) | str tot 12-13 (132) | str tot 13-14 (133) | str tot 14-15 (134) | str tot 15-16 (135) | str tot 16-17 (136) | str tot 17-M | | |
| 1 | Simon Sveder | 7:08.53 | +0.00 | 45.20 4 45.20 4 | 16.21 8 1:01.41 5 | 23.36 7 1:25.17 5 | 26.33 1 1:51.50 2 | 4.12 4 1:56.02 2 | 4.31 5 2:00.33 2 | 10.32 5 2:11.05 4 | 52.04 5 3:03.09 5 | 7.21 1 3:10.30 3 | 42.53 3 3:53.23 3 | 17.08 2 4:10.31 1 | 18.35 3 4:29.06 3 | 26.00 1 4:55.06 1 | 18.31 1 5:13.37 1 | 22.19 1 5:35.56 1 | 36.20 1 6:12.16 1 | 8.23 2 6:20.39 1 | 48.14 2 7:08.53 1 | Simon Sveder | |
| 2 | Johan Dahl | 7:23.40 | +14.47 | 45.15 2 45.15 2 | 16.19 6 1:01.34 2 | 23.34 6 1:25.08 4 | 26.44 2 1:51.52 3 | 4.17 8 1:56.09 3 | 4.26 2 2:00.35 3 | 10.33 7 2:11.08 5 | 51.14 1 3:02.22 3 | 8.42 6 3:11.04 5 | 42.18 2 3:53.22 2 | 17.13 3 4:10.35 4 | 18.08 1 4:28.43 2 | 28.32 2 4:57.15 2 | 20.59 2 5:18.14 2 | 26.27 2 5:44.41 2 | 42.08 2 6:26.49 2 | 8.44 3 6:35.33 2 | 48.07 1 7:23.40 2 | Johan Dahl | |
| 3 | Magnus Albinsson | 7:42.28 | +33.35 | 45.19 3 45.19 3 | 16.20 7 1:01.39 4 | 23.23 3 1:25.02 3 | 26.54 3 1:51.56 5 | 4.14 5 1:56.10 4 | 4.28 3 2:00.38 4 | 10.21 3 2:10.59 2 | 51.17 3 3:02.16 2 | 7.54 3 3:10.10 2 | 43.59 4 3:54.09 4 | 16.25 1 4:10.34 3 | 18.08 1 4:28.42 1 | 33.13 3 5:01.55 3 | 24.48 3 5:26.43 3 | 30.36 4 5:57.19 3 | 45.45 3 6:43.04 3 | 9.44 9 6:52.48 3 | 49.40 3 7:42.28 3 | Magnus Albinsson | |
| 4 | Hasse Byrén | 8:21.46 | +1:12.53 | 46.40 6 46.40 6 | 14.57 1 1:01.37 3 | 23.23 3 1:25.00 2 | 26.54 3 1:51.54 4 | 4.18 9 1:56.12 5 | 4.28 3 2:00.40 5 | 10.21 3 2:11.01 3 | 51.23 4 3:02.24 4 | 8.38 5 3:11.02 4 | 42.16 1 3:53.18 1 | 17.14 4 4:10.32 2 | 19.37 4 4:30.09 4 | 45.34 14 5:15.43 4 | 37.10 13 5:52.53 4 | 32.54 5 6:25.47 4 | 52.03 7 7:17.50 4 | 8.55 4 7:26.45 4 | 55.01 5 8:21.46 4 | Hasse Byrén | |
| 5 | Gunnar Spelkvist | 9:06.04 | +1:57.11 | 41.29 1 41.29 1 | 15.04 2 56.33 1 | 22.59 1 1:19.32 1 | 27.31 6 1:47.03 1 | 5.01 11 1:52.04 1 | 4.18 1 1:56.22 1 | 10.32 5 2:06.54 1 | 54.40 6 3:01.34 1 | 8.19 4 3:09.53 1 | 54.10 8 4:04.03 5 | 20.14 5 4:24.17 5 | 21.42 7 4:45.59 5 | 41.15 6 5:27.14 5 | 31.04 6 5:58.18 5 | 38.04 12 6:36.22 5 | 1:03.36 12 7:39.58 5 | 12.20 18 7:52.18 5 | 1:13.46 14 9:06.04 5 | Gunnar Spelkvist | |
| 6 | Benny Frost | 9:18.48 | +2:09.55 | 47.19 8 47.19 8 | 15.49 5 1:03.08 8 | 24.12 8 1:27.20 7 | 30.44 7 1:58.04 7 | 6.00 19 2:04.04 7 | 5.02 8 2:09.06 7 | 12.03 14 2:21.09 7 | 1:00.50 7 3:21.59 6 | 9.30 10 3:31.29 6 | 52.59 6 4:24.28 6 | 25.08 15 4:49.36 6 | 21.09 6 5:10.45 6 | 38.12 5 5:48.57 6 | 36.34 12 6:25.31 6 | 32.58 7 6:58.29 6 | 1:10.25 17 8:08.54 6 | 9.17 5 8:18.11 6 | 1:00.37 9 9:18.48 6 | Benny Frost | |
| 7 | Karl Kardermark | 9:23.29 | +2:14.36 | 49.24 15 49.24 15 | 19.00 13 1:08.24 14 | 26.37 12 1:35.01 13 | 36.53 28 2:11.54 13 | 6.32 32 2:18.26 15 | 5.36 25 2:24.02 14 | 10.44 8 2:34.46 13 | 1:07.18 15 3:42.04 11 | 11.37 25 3:53.41 11 | 58.24 10 4:52.05 9 | 24.33 13 5:16.38 9 | 32.50 22 5:49.28 12 | 47.06 17 6:36.34 10 | 32.00 7 7:08.34 10 | 39.05 3 7:37.39 9 | 47.48 4 8:25.27 8 | 8.22 1 8:33.49 8 | 49.40 3 9:23.29 7 | Karl Kardermark | |
| 8 | Magnus Oredsson | 9:33.45 | +2:24.52 | 49.17 13 49.17 13 | 17.11 9 1:06.28 10 | 26.25 10 1:32.53 9 | 34.11 10 2:07.04 10 | 5.29 15 2:12.33 9 | 5.06 9 2:17.39 9 | 12.03 14 2:29.42 9 | 1:04.14 9 3:33.56 7 | 10.49 18 3:44.45 7 | 1:01.14 14 4:45.59 7 | 20.46 9 5:06.45 7 | 23.16 11 5:30.01 7 | 41.54 7 6:11.55 7 | 32.50 9 6:44.45 7 | 38.36 13 7:23.21 7 | 57.45 11 8:21.06 7 | 11.48 17 8:32.54 7 | 1:00.51 10 9:33.45 8 | Magnus Oredsson | |
| 9 | Patrik Sköldeborg | 9:46.33 | +2:37.40 | 49.15 12 49.15 12 | 19.04 15 1:08.19 12 | 29.19 31 1:37.38 15 | 35.15 19 2:13.29 15 | 3.37 2 2:17.06 11 | 6.59 31 2:24.05 15 | 12.33 21 2:36.38 14 | 1:07.48 17 3:44.26 12 | 10.46 17 3:55.12 12 | 1:00.27 13 4:55.39 10 | 22.07 10 5:17.46 10 | 14.10 17 5:41.56 11 | 46.46 16 6:28.42 8 | 35.56 10 7:04.38 8 | 32.55 6 7:37.33 8 | 50.29 5 8:28.02 9 | 11.38 16 8:39.40 9 | 1:06.53 11 9:46.33 9 | Patrik Sköldeborg | |
| 10 | Tord Blücher | 9:48.11 | +2:39.18 | 51.46 24 51.46 24 | 20.39 24 1:12.25 22 | 28.42 22 1:41.07 18 | 35.15 11 2:16.22 17 | 5.38 17 2:22.00 18 | 5.10 12 2:27.10 19 | 12.05 17 2:39.15 19 | 1:06.44 10 3:45.59 13 | 9.57 13 3:55.56 13 | 1:01.36 17 4:57.32 11 | 20.37 7 5:18.09 12 | 22.24 8 5:40.33 9 | 57.37 20 6:38.10 13 | 30.30 5 7:08.40 12 | 35.06 10 7:43.46 11 | 55.24 8 8:39.10 10 | 9.39 6 8:48.49 10 | 59.22 8 9:48.11 10 | Tord Blücher | |
| 11 | Tomas Pinni | 9:48.13 | +2:39.20 | 51.43 23 51.43 23 | 20.44 25 1:12.27 23 | 28.35 20 1:41.02 16 | 35.17 12 2:16.19 16 | 5.37 16 2:21.56 17 | 5.07 10 2:27.03 17 | 12.05 17 2:39.08 17 | 1:06.54 12 3:46.02 14 | 9.56 12 3:55.58 14 | 1:01.37 18 4:57.35 12 | 20.31 6 5:18.06 11 | 22.30 9 5:40.36 10 | 57.27 19 6:38.03 12 | 30.25 4 7:08.28 9 | 35.20 11 7:43.48 12 | 55.24 8 8:39.12 11 | 9.41 8 8:48.53 11 | 59.20 6 9:48.13 11 | Tomas Pinni | |
| 12 | Göran Palmgren | 9:48.17 | +2:39.24 | 51.48 25 51.48 25 | 20.48 27 1:12.36 27 | 28.44 23 1:41.20 24 | 35.38 14 2:16.58 20 | 5.06 13 2:22.04 19 | 5.01 7 2:27.05 18 | 12.07 19 2:39.12 18 | 1:06.52 11 3:46.04 15 | 9.58 14 4:57.39 13 | 1:01.37 18 5:18.22 13 | 20.43 8 5:50.27 13 | 32.05 21 6:36.29 9 | 46.02 15 7:08.36 11 | 32.07 8 7:41.34 10 | 32.58 7 8:39.16 12 | 57.42 10 8:48.56 12 | 9.40 7 9:48.17 12 | 59.21 7 9:48.17 12 | Göran Palmgren | |
| 13 | Björn Larsson | 10:14.23 | +3:05.30 | 48.02 9 48.02 9 | 18.21 12 1:06.23 9 | 28.13 16 1:34.36 11 | 37.46 30 2:12.22 14 | 5.01 11 2:17.23 12 | 6.07 28 2:23.30 11 | 14.27 30 2:37.57 16 | 1:11.04 21 3:49.01 16 | 10.44 16 3:59.45 16 | 1:00.25 12 5:00.10 14 | 31.57 18 5:32.07 15 | 24.07 15 5:56.14 15 | 41.58 8 6:38.12 14 | 36.06 11 7:14.18 13 | 34.13 9 7:48.31 13 | 51.55 6 8:40.26 13 | 10.05 10 8:50.31 13 | 1:23.52 17 10:14.23 13 | Björn Larsson | |
| 14 | Anders Wilhelmsson | 10:43.11 | +3:34.18 | 51.31 19 51.31 19 | 21.00 29 1:12.31 25 | 28.41 21 1:41.12 21 | 35.36 13 2:16.48 18 | 4.15 6 2:21.03 16 | 5.29 21 2:26.32 16 | 10.09 1 3:53.12 21 | 1:16.31 28 4:02.20 21 | 9.08 7 5:03.41 18 | 1:01.21 15 5:42.09 18 | 38.28 21 6:05.46 17 | 23.37 12 6:49.52 16 | 44.06 9 7:31.59 14 | 42.07 17 8:11.24 14 | 42.07 17 9:19.58 15 | 42.07 17 9:30.46 14 | 42.07 17 10:43.11 14 | Anders Wilhelmsson | | |
| 15 | Peter Lindén | 10:43.14 | +3:34.21 | 51.36 21 51.36 21 | 20.58 28 1:12.34 26 | 28.49 24 1:41.23 25 | 36.01 21 2:17.24 26 | 6.24 27 2:23.48 25 | 5.11 13 2:28.59 22 | 11.53 11 2:40.52 21 | 1:12.18 22 3:53.10 20 | 9.08 7 4:02.18 20 | 1:01.27 16 5:03.45 19 | 38.22 20 5:42.07 17 | 23.42 13 6:05.49 18 | 44.13 10 6:50.02 17 | 42.11 18 7:32.13 15 | 39.15 14 8:11.28 15 | 1:08.21 13 9:19.49 14 | 11.02 12 9:30.51 15 | 1:12.23 12 10:43.14 15 | Peter Lindén | |
| 16 | Marcus Nyman | 11:14.48 | +4:05.55 | 54.38 35 54.38 35 | 18.01 11 1:12.39 28 | 29.09 29 1:41.48 30 | 35.42 16 2:17.30 29 | 6.23 25 2:23.53 28 | 5.30 22 2:29.23 28 | 13.19 26 2:42.42 28 | 1:07.14 13 3:49.56 18 | 10.11 15 4:00.07 18 | 1:04.50 20 5:04.57 20 | 24.40 14 5:29.37 14 | 24.18 18 5:53.55 14 | 1:01.27 22 6:55.22 18 | 41.04 16 7:36.26 16 | 40.36 16 8:17.02 16 | 1:22.12 18 9:39.14 16 | 11.21 15 9:50.35 16 | 1:24.13 18 11:14.48 16 | Marcus Nyman | |
| 17 | Mathias Örneland | 11:47.01 | +4:38.08 | 52.01 29 52.01 29 | 22.08 36 1:14.09 33 | 29.36 33 1:43.45 33 | 40.29 35 2:24.14 34 | 6.18 23 2:30.32 34 | 8.08 35 2:38.40 33 | 14.42 33 2:53.22 30 | 1:17.34 30 4:10.56 30 | 11.10 20 4:22.06 28 | 1:15.32 26 5:37.38 26 | 54.47 23 6:32.25 20 | 25.16 20 6:57.41 20 | 45.14 12 7:42.55 19 | 40.45 15 8:23.40 18 | 44.40 17 9:08.20 17 | 1:09.41 16 10:18.01 17 | 11.16 13 10:29.17 17 | 1:17.44 16 11:47.01 17 | Mathias Örneland | |
| 18 | Stefan Nyström | 11:47.04 | +4:38.11 | 52.10 31 52.10 31 | 21.55 32 1:14.05 32 | 29.38 34 1:43.43 32 | 40.26 34 2:24.09 33 | 6.14 21 2:30.23 33 | 8.14 36 2:38.37 32 | 16.56 37 3:55.33 33 | 1:15.18 27 4:10.51 28 | 11.19 21 4:22.10 29 | 1:26.02 34 5:48.12 31 | 44.28 22 6:32.40 21 | 24.58 19 7:43.03 20 | 45.25 13 8:23.37 17 | 40.34 14 9:08.33 18 | 44.56 18 10:18.05 18 | 1:09.32 15 10:29.22 18 | 11.17 14 11:47.04 18 | 1:17.42 15 11:47.04 18 | Stefan Nyström | |
| 19 | Mikael Take | 46 km | 5:28.25 | | 1:01.42 | 1:25.03 | 1:51.57 | 1:56.12 | 2:00.44 | 2:11.03 | 3:02.19 | 3:10.13 | 3:57.05 | 4:19.46 | 4:43.33 | 5:28.25 | | | | | | | Mikael Take |
| 20 | Mia Gyllenberg | 46 km | 5:48.51 | | 1:01.54 | | 1:56.43 | 2:01.05 | 2:07.03 | 2:19.03 | 3:21.56 | 3:31.23 | 4:24.25 | 4:49.39 | 5:10.47 | 5:48.51 | | | | | | | Mia Gyllenberg |
| 21 | Joacim Malmström | 46 km | 6:37.55 | 49.21 14 49.21 14 | 19.00 13 1:08.21 13 | 26.45 14 1:35.06 14 | 36.41 26 2:11.47 11 | 6.35 33 2:18.22 14 | 5.36 25 2:23.58 13 | 10.45 10 2:34.43 12 | 1:07.18 15 3:42.01 10 | 11.37 25 3:53.38 10 | 58.20 9 4:51.58 8 | 24.23 12 5:16.21 8 | 22.41 10 5:39.02 8 | 58.53 21 6:37.55 11 | | | | | | | Joacim Malmström |
| 22 | Anders Berg | 46 km | 6:44.35 | 51.54 26 51.54 26 | 20.29 20 1:12.23 21 | 28.54 25 1:41.17 23 | 35.38 19 2:16.55 19 | 5.13 14 2:22.08 20 | 5.07 10 2:27.15 20 | 12.04 16 2:39.19 20 | 1:09.46 20 3:49.05 17 | 10.50 19 3:59.55 17 | 1:00.22 11 5:00.17 15 | 31.56 17 5:32.13 16 | 24.07 15 5:56.20 16 | 48.15 18 6:44.35 15 | | | | | | | Anders Berg |
| 23 | Göran Risberg | 46 km | 7:15.50 | 52.05 30 52.05 30 | 20.16 18 1:12.21 20 | 29.21 32 1:41.42 28 | 35.46 18 2:17.28 28 | 6.23 25 2:23.51 27 | 5.28 19 2:29.19 27 | 13.14 23 2:42.33 25 | 1:12.58 24 3:55.31 23 | 11.39 27 4:07.10 22 | 1:18.53 29 5:26.03 22 | 35.43 19 6:01.46 19 | | | | | | | | | Göran Risberg |
| 24 | Patrik Rolandsson | 37 km | 5:01.21 | 49.08 10 49.08 10 | 19.19 16 1:08.27 15 | 26.31 11 1:34.58 12 | 36.52 27 2:11.50 12 | 6.30 31 2:18.20 13 | 5.34 24 2:23.54 12 | 10.44 8 2:34.38 11 | 1:07.16 14 3:41.54 9 | 11.36 24 3:53.30 9 | 1:07.51 22 5:01.21 16 | | | | | | | | | | Patrik Rolandsson |
| 25 | Sebastian Ekman | 37 km | 5:02.36 | 49.10 11 49.10 11 | 17.32 10 1:06.42 11 | 26.44 13 1:33.26 10 | 33.33 9 2:06.59 9 | 5.56 18 2:12.55 10 | 5.27 17 2:18.22 10 | 12.16 20 2:30.38 10 | 1:08.42 18 3:39.20 8 | 12.24 29 3:51.44 8 | 1:10.52 23 5:02.36 17 | | | | | | | | | | Sebastian Ekman |
| 26 | Michael Bergkvist | 37 km | 5:06.46 | 51.28 18 51.28 18 | | | | | | | | | | | | | | | | | | | |

